

PRESIDENT'S WELCOME

Well, it's here... the start of the 2024 season but more importantly, **our Centenary season**. We are excited about what the season holds.

There has already been a lot of hockey played this year. **Congratulations** to our various state representatives in U21 outdoor and indoor teams, our ICC indoor teams, particularly our U14 Boys, who won their grand final and our various summer outdoor and indoor competitions that have kept the social hockey going.

Over the last couple of weeks, our PL teams were out in action in the PL League Cup. Both teams played well and used the matches to **fine tune their tactics** for the season.

I've also seen a few of the Pennant teams play warm up matches. With a focus to **gain promotion** for some of our lower graded pennant sides, we are looking forward to **watching the development** of these teams throughout the year.

Our Juniors are also warming up, with a few pre-season matches scheduled ahead of the opening round of the season.

Opening Round is shaping up to be **a fantastic day**, with the organising committee fine tuning the day's events.

There will be a **luncheon being held in the clubrooms**, a food truck onsite, an
historian from Scotch to take a photo
of all members who have been
associated with the school, an
exhibition U10's match, the bar will be
open an much more!

Make sure you **have your ticket**, as we welcome members new and old to celebrate with us.

As you may be aware, there have been ceiling issues in the clubhouse that have yet been resolved. We do not have a definitive time line for the ceiling replacement, however measures have been put in place to make the remaining ceiling and exposed beams safe for use by all club members. Once we have an official time frame, we will be sure to let all our members know.

Due to travel commitments, time will not allow me to attend the opening few rounds, but **I look forward** to hearing how all our teams go.

Until then, Go Hawks.

In this newsletter you will find:

ADMINISTRATION

SECTION UPDATES

- JUNIORS
- MEN'S
- WOMEN'S
- MEN'S MASTERS
- WOMEN'S MASTERS

HIGH PERFORMANCE

TECH BENCH & COACHES CORNER

AROUND THE PITCH

SPONSORSHIP



PRESIDENT - JEREMY HARRIS

Jeremy first started playing hockey at school in 1982, simply because his school didn't offer soccer and he wasn't a football fan!

He has been a member of our club since 2012 and held various committee positions until he became president in 2022.

KEY DATES

4 APR | U16 STATE TEAMS TO HOBART

13 APR | SENIORS OPENING ROUND

13 APR | OPENING ROUND

CENTENARY LUNCH

15 APR | MEN'S MASTERS OPENING

ROUND

17 APR | WOMEN'S MASTERS

OPENING ROUND

21 APR | JSC TRIALS

3 MAY | OPENING ROUND U14, U16 &

U18

4 MAY | OPENING ROUND U8, U10 &

U12

10 MAY | WOMENS & GIRLS

BREAKFAST



FOCUS ON ADMIN

Registration is the first step needed to become an eligible player for HHC. If a team fields an ineligible players, the match becomes a forfeit.

With **just over 300 registrations** for 2024 to date, we are in good shape, however there are many more to come. The earlier you register, the more time it gives our registration team to sort out any issues prior to Round 1.

We also encourage **'Supporter' memberships**. This is free and ensures we have your details, especially if you are undertaking tasks such as team managing. It also ensures you **never miss out** on any important details..

Follow these quick and easy steps for Hawthorn and Hockey Victoria registration.

- **CLICK HERE** to go to the Hawthorn registration page.
- Scroll down until you you find the <u>REGISTER NOW</u> button
- Once you are on the Hawthorn registration page, you should be able to see these two options

RETURNING MEMBERI have registered for Hockey in the past

NEW MEMBER
I have never registered for Hockey before

If you have played hockey or registered before, click on this button

If you are completely new to hockey, click on this button

• Complete all 9 sections on this page, and contact us with any questions!

SECRETARY - ANDREW ROOK

Andrew 'Rookie' Rook, first started playing hockey in 1971, in his neighbour's backyard. That led him to start playing in school in 1973 and in 1981 he joined our club, playing seniors until 2012, including 15 years with Jimmy Scott. In 2011 he tried Masters and was hooked! Rookie has been the club secretary for numerous years and even has HV asking him for advice!



To be able to take the field in any age group/division you MUST be registered.

JUNIORS

The juniors section are pumped and ready to kick-off the 2024 winter season!

Round 1 of the juniors winter season competition will begin: U14, U16 & U18: FRI 3 MAY **U8, U10 & U12: SAT 4 MAY**



TRAINING FOR TERM 2 BEGINS APRIL 15/16/17

HI2H	MON	5 - 6PM	H-1
U8/U10	MON	5:30 - 6:30PM	H-1
U12 BOYS PENNANT	MON	5:30 - 6:30PM	H-1
U12 GIRLS SHIELD	MON	5:30 - 6:30PM	H-2
U12 GIRLS PENNANT	MON	5:30 - 6:30PM	H-2
U14 BOYS SHIELD	TUE	5:30 - 6:45PM	H-2
U14 GIRLS PENNANT	TUE	5:30 - 6:45PM	H-1
U14 BOYS PENNANT	TUE	5.30 - 6.45PM	H-1
U16 BOYS SHIELD	TUE	5:30 - 6:45PM	H-2
U16 GIRLS PENNANT	TUE	5:30 - 6:45PM	H-1
U16 BOYS PENNANT	TUE	5.30 - 6.45PM	H-1
U18 MIXED DISTRICT	WED	6 - 7PM	H-1



PETE MAJOR

Pete started playing hockey in Yr 10 at school and joined our club in 1995 playing in Jimmy Scott's Metro 3 team for 10 years. He now plays Masters and along with his son plays Pennant on weekends. Pete's daughter also plays, and he has just convinced his wife Wing that hockey is the 'go to' sport. Quite the hockey family!

JUNIOR GOALKEEPING







A number of our junior teams do not have a full-time goalkeeper. Teams without a GK will need a roster. The plus side of being a goalie - you never come off the pitch! If you are interested in developing your GK skills, we have coaches who will run specialist training sessions during the season. The club will provide a kit for anyone interested in taking up the GK position, and if you decide to pursue the position full-time, we provide a supportive environment for learning and skill development.

HHC has been the club of origin for a number of great Kookaburra and Hockeyroos GKs. Contact Pete for more information.



MEN'S

The Men's division commenced Premier League Cup matches this month and has had some **practice matches** across the PL and Pennant sections that has seen a lot of players getting **some important game play** before the season starts. The 2024 season is shaping up to be a great season, with a focus on getting our lower graded pennant teams **promoted** to higher grades.

We will be welcoming four English players into the PL side this year, **James Cunningham**, who is coming to us from the inform Old Georgians Hockey Club, **Finlay Dennis**, who has come from Wimbledon Hockey Club, **Lewis Dyer** who is here working in Australia from Bristol Firebrands and we welcome back **Luke Mobley**, who couldn't resist playing with us for another year! If you see them around the club, make them **feel welcome!**,

Training will be continuing for the Pennant teams throughout the school holidays. We welcome anyone to come down to join the **Pennant squad** if you have an interest in playing Pennant, Open Men or Masters this year or just want some **extra hockey** in your life!

Congratulations to Finn Hodder who represented Victoria at the recent U21 Nationals, getting the Silver after a near flawless tournament, even **scoring a hatrick** (although one goal was given to another!) in his game vs SA. It is always fantastic seeing Hawks represent at the top levels.





MEN'S TRAINING PREMIER LEAGUE SQUAD: TUE 8.30 - 10.00PM, H-2 & THURS 7 - 8:30PM, H-1 PENNANT SQUAD: WED 8:30 - 10PM, H-2

FINN HODDER

Arrive approximately 30 minutes before training time to warm up.

Finally, as some of you will know, Rochelle Shipton has decided to step sideways from being President of the Men's section to the Communications role and will remain as the manager of the Men's PL squad. The Club would **like to thank** Rochelle for her work in getting the Men's section up and running again after the Covid shutdown and while we still get to see her in **the Communications role**, her organisation of the whole of the Men's section will be missed.

As we look to **identify the next** Men's section president, the Men's section committee will hold the fort and keep things ticking over in the lead up to the start of the season.

As always, if you **wish to get involved** please reach out and let one of the committee members know.



WOMEN'S

It has been a busy month for the Women's section with more numbers at pre-season training and the commencement of the Premier League Cup and our practice matches.

We are very excited for the start of the 2024 season which is just around the corner.

Premier League Cup saw our PL team be challenged and use this opportunity to **put into practice** what they have been working hard on in training for the last 2 months. All we can say is that it is going to be a **very exciting team** to watch!

We also welcomed the arrival of our first import, **Hannah Cotter**, who has hit the ground running joining the Premier League cup team, scoring some phenomenal goals as well as helping out around the club with Pennant training.

WOMEN'S SECTION PRESIDENT - CLARE TRAVIS

If you see Hannah around the club please give her a warm Hawks welcome.

We are highly anticipating the arrival of our final two imports; **Becky Manton** (England) and **Pippa Lock**(England) who will be arriving in the next few weeks. With these additions and our phenomenal squad already on the ground, keep your eye out for a stellar season.

The Pennant squad had exciting practice matches in the past few weeks against Camberwell and Footscray. It was wonderful to see many new faces out there with our seasoned HHC players. Training will be continuing through the school holidays and we welcome anyone to come down to join the Pennant squad if you have an interest in playing Pennant or Masters this year or just wanting some extra hockey in your life!

Congratulations to our high flying Hawks who represented Victoria at the recent U21 Nationals, **Sammy Love** and our PL coach, **Mitch Hayde**, getting the Silver after working incredibly hard throughout the tournament. We are always excited to see Hawks representing state and national teams doing what they love.



WOMEN'S TRAINING
PREMIER LEAGUE SQUAD:
TUE 7 - 8:30PM, H-2 &
THURS 8:30 - 10PM, H-1
PENNANT SQUAD:
WED 8:30 - 10PM, H-2
Arrive approximately 30 minutes
before training time to warm up.



Clare started her hockey journey at 12, when the school hockey team was short a few players. Enjoying herself so much, she looked for a hockey club outside of school and joined us in 2010, playing U15 and Metro Women. Clare has joined the committee for the first time this season.

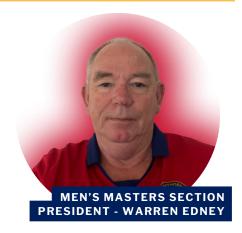
MEN'S MASTERS

We have just finished a successful HMHC Summer Masters season including teams from Southern United, Elwood, Melbourne High and Power House. **HHC** was well represented with 1 team in the AB division and 3 teams in the CD division. The competition **raised funds** for the home clubs and the proceeds from the bar will be put to good use by HMHC in paying for the clubrooms.

It was good to see some **new people** playing in the Summer, some trying hockey for the **first** time, others returning to hockey and a number returning to HHC after a long break. Many of these players are now **interested in playing** in the Winter Competition and we wish them an enjoyable winter season.

In the Winter competition, we are planning on having a 45B and 45D team playing home and away, plus two over 50's teams playing at HMHC. A reminder to go to the <u>website to register</u> asap.





Warren played hockey at school before having a very long break, returning to hockey 13 years ago when he started playing at Camberwell Hockey Club.

He transferred to Hawthorn around 8 years ago when both his sons were playing for Hawthorn in Premier League and Pennant teams. Warren has been Men's President and has now settled on his role as Men's Masters President.



WOMEN'S MASTERS SECTION PRESIDENT - CAROLE SHANKS

Carole played hockey throughout school - on grass or gravel pitches and after a 20 year break, started up again at the club when she met Karen Mackey, the previous HHC women's master's coordinator, when their kids were at primary school together. That was in 2006.

Carole took over organising the Women's Masters as a 'stand in' in 2010, and is still running it to this day! She has also been on the junior committee, an age group coordinator and one year as Juniors president.

WOMEN'S MASTERS

Women's Masters are getting ready as the start to the 2024 winter season gets closer.

We have a number of **new players** joining us, as well as some 'returning to hockey' players which is very exciting. As always, new players of **all abilities and ages** are very welcome! It's also been fantastic to see a number of masters at pre-season training each week.

Don't forget to mark Round 1 - Wednesday 17 April in your diary now!

Our Women's Masters indoor team finished the Term 1 competition in 2nd place, falling 5-4 to a strong Essendon team in the final game. We **learned new skills**, made new friends and are already looking forward to Term 4 indoor!



HIGH PERFORMANCE



Our Emerging Hawks program has come to an end, with **32** of our finest junior players taking on the 4 week course to improve and refine their hockey skills.

Learning from our **talented coaching** and playing groups, the program has set our players in the right direction leading into **JSC and state trials** for the 2024 year.

Keep an eye out for more upcoming programs being run by our Director of Coaching, Jeremy Edwards.

Congratulations to Evie McMachon on the great achievement to be selected in the U12 Girls SSV (State Schools Victoria) team.

Good luck to Peyton Hodder, Finn Blake, Brodie Eager, Occy Symons and Julian Suzor who will travel to Hobart to play for Victoria in the Australian U16 Championships, 4 - 11 April.

Watch the action here https://www.livehockey.com.au/

CENTRAL METRO FLAMES TRIALS

Junior State Championship trials for our Central Flames teams will be held 21 April. Nominations close 17 April.

In 2024, the JSC will return to Regional Victoria.

BENDIGO will host the following:

- U14 & U16 Boys Friday 5 July to Sunday 7 July 2024
- U18 Boys & Girls Saturday 21 September to Monday 23 September 2024

SHEPPARTON will host the following:

- U14 & U16 Girls Friday 5 July to Sunday 7 July 2024
- U12 Boys & Girls Hockey 5s Wednesday 3 July to Thursday 4 July 2024



HV GOALSCORING + GOALKEEPING PROGRAM

Hockey Victoria are running a Goalkeeping + Goalscoring Program, under the guidance of National and International coaches, that will provide athletes with an opportunity to enhance and improve their goalkeeping and goal scoring techniques. There will be four 1.5 hour timeslots, that will be run across four Sundays starting in April, May and June. It will be split into two specialised skill programs and age groups - U16 & 16+ Goalkeeping and Goalscoring

The Goalscoring specific program will include a variety of goalscoring shots (forehand, backhand, deflections, first touch, aerial) and will be learnt from different areas of the circle.

The Goalkeeping specific program will include a variety of goalkeeping skills which will consist of aerial saves, kicking drills, footwork and circle movement. There will also be a focus on close range saves, diving and sliding and the defending of penalty corners.

To register and for more information, CLICK HERE - SPEC DEVELOPMENT Goalkeeping and Goalscoring Program 2024

TECH BENCH

RULE 9.12 OBSTRUCTION

Players must not obstruct an opponent who is attempting to play the ball. Players obstruct if they:

- back into an opponent
- physically interfere with the stick or body of an opponent
- shield the ball from a legitimate tackle with their stick or any part of their body



A stationary player receiving the ball is permitted to face in any direction. A player with the ball is permitted to move off with it in any direction except bodily into an opponent or into a position between the ball and an opponent who is within playing distance of the ball and attempting to play it.

A player who runs in front of or blocks an opponent to stop them legitimately playing or attempting to play the ball is obstructing (this is third party or shadow obstruction). This also applies if an attacker runs across or blocks defenders (including the goalkeeper) when a penalty corner is being taken. <u>Taken from FIH Rules</u>

COACHING TIP



DIRECTOR OF COACHING, MPL HEAD COACH & PLAYER - JEREMY EDWARDS

With the start of April comes the start of the season. All the heavy lifting should now be done. It is now about refining your game plans and skills so that you are ready to go for round 1.

Penalty corner attack and defence are crucial areas to get right, they often dictate results, so don't leave these until the last minute or training session to organise!

Establishing a game-day routine is also crucial. Final practice matches should be treated the same way as a regular season match, these can be done as 'intrasquad matches' or against other clubs. We don't want to wait until the season commences to figure out simple expectations like arrival times, who brings the lollies/fruit & who fills in the team sheets.

Get organised now and save yourselves the hassle!

UPCOMING COURSES

We are holding a coaching seminar on **Wednesday 1 May** in the the clubrooms. This seminar will be for **all** our club coaches, and anyone else who is interested in gaining **coaching accreditations**.

The session will run from 7.00 - 8.15pm (before pennant training) and will be a theory session covering things such as how to run a training session and what we would like 'Hawthorn' players to **excel and be good at**.

It will be run by our Director of Coaching - **Jeremy Edwards** and will be **free** of charge.

If you are interested in taking the first, second or third steps towards a coaching career, please contact <u>Jeremy Edwards</u> to register your attendance.

*please note it would be the expectation that ALL coaches for the 2024 be in attendance.



HHC UNIFORM SHOP

Purchasing uniform and merchandise is another way you can support your Club, and allows us to continue holding stock and **offering new items**. And whilst the uniform shop is not open at every training and game day, you can shop 24/7 on our website. Your order is **picked n packed** on a Thursday and placed in the HHC training cage for you to collect when you are the Club. Your section President or Coach can get access to the cage to **help you collect** your goods.

Thank you to Lyndsay and Andrew St Ledger (parents of Ivy in U12's training Mondays) and Jackie Bondell (parent of Colin in U14 training Tuesdays) who have offered to help with the Uniform Shop. They can assist with trying on and purchasing items on the spot.

We are **responsive and flexible** around work commitments so if you need to arrange a time to try on samples or **require more information** don't hesitate to <u>contact Zoe</u>. If you feel your section is under-facilitated and **want to offer** your help with manning the shop and/or selling on game days please put up your hand.



Our LIMITED EDITION Centenary Rugby is now available to order. This special rugby features an embroidered 100-year Hawthorn Hockey Club logo and a pared-back hoop design in royal blue, flag red and golden yellow.

Unisex sizes: XS - 5XL Price: \$100

We will only be offering this rugby as a special order in 2024, to celebrate the Club's Centenary year:

Order before 14 April for June delivery
Order before 28 July for October deliver

Visit the <u>Hawthorn Hockey Club</u> <u>online uniform shop</u> for more information, or to place your order.

These garments are custom-made to order by Canterbury Clothing. No stock will be held in the Uniform Shop but samples of our regular rugby are available to try on for size.

Zoe became involved in our club when her son joined for an indoor competition. Knowing nothing about hockey, Zoe put her rag trade skills to use and took on the role of 'the Uniform Fairy.'

Most Thursday evenings and game days you will find her tucked away in the Uniform Shop missing her son's goals!





THE UNIFORM FAIRY -ZOE ALCOTT

We're the winning team at Hawthorn We're the mighty fighting Hawks.

We play hockey, and we play to win, putting another goal in at Hawthorn.

Come what may you find is striving, we're the team that loves to win, LOVES TO WIN!

All for one and one for all, is the way we play at Hawthorn, we are the mighty fighting Hawks.

SPONSORSHIP

With so many wonderful opportunities to sponsor at the club, **we thank all those** that have taken the step to help our community club.

Our focus this year is to **secure additional** sponsors, on top of the fantastic ones we have, which will further help support the success of the club.

We're finalising **tailored sponsorship** packages to secure partnerships vital to our **growth**. Members play a pivotal role by directly **supporting** the club and helping us with connections to interested companies. Our packages will be designed to **offer real value** to the sponsors from visibility at game days, member connections, and through digital marketing opportunities. We're committed to **delivering measurable results**, ensuring sponsors see the impact of their investment.

Together, we'll foster **lasting partnerships** that benefit both the club and our sponsors.

There are **exciting times** ahead for the club, and in the coming weeks there will be more details on the **sponsorship packages** and how you can help support this, **thanks** in advance, your sponsorship team.

Go Hawks!











matchbox





MELVILLE LAWYERS

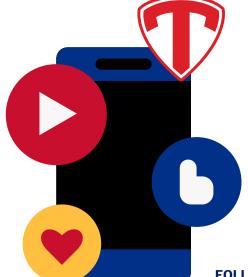


SOCIALS

Have any photos or information you want shared, please send to **socials@hawthornhockey.com.au**



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